



# Pancake Mix

## Nutrition Facts

About 330 Servings Per Container  
Serving size **65g dry mix**

Amount per serving

**Calories 240**

	<b>% Daily Value*</b>
<b>Total Fat 3g</b>	<b>4%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
Polyunsaturated Fat 0.65g	
Monounsaturated Fat 0.6g	
<b>Cholesterol 40mg</b>	<b>13%</b>
Sodium 730mg	<b>32%</b>
<b>Total Carbohydrate 46g</b>	<b>17%</b>
Dietary Fiber <1g	<b>2%</b>
Total Sugars 12g	
Includes 12g Added Sugars	<b>24%</b>
<b>Protein 6g</b>	
Vitamin D 2.2mcg	<b>10%</b>
Calcium 65mg	<b>4%</b>
Iron 2.1mg	<b>10%</b>
Potassium 65mg	<b>2%</b>

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHOLE EGG, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), GELATINIZED YELLOW CORN FLOUR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, SOYBEAN OIL, CREAM, NATURAL AND ARTIFICIAL FLAVOR, SOY LECITHIN, TOCOPHEROLS (PRESERVATIVE).

CONTAINS: EGG, MILK, SOY, WHEAT

**DO NOT CONSUME/EAT RAW BATTER**

CONTAINS BIOENGINEERED FOOD INGREDIENTS